



2008 AAU Junior Olympic Games Detroit, MI



Bench Press Meet July 26, 2008

Schedule: Weigh-Ins will be held on Saturday, July 26 from 4:00 pm to 5:30 pm. Competition starts at 6:00 pm.

Divisions: All male and female weight and age classes.

Men: 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308 SHW

Women: 97, 105, 114, 123, 132, 148, 165, 181, 198 HWT

Teen (11 & under) (12-13) (14-15) (16-17) (18-19) Junior (20-23) Sub-master (35-39) Masters (40-44) (45-49) (50-54) (55-59) (60-64) (65+) (OPEN) (RAW)

Membership: All participants must be members of the AAU. AAU athlete membership is \$12 for youth and \$32 for adult.

Entry Fee: \$40 per athlete for Bench Press meet

Deadline: Register online at www.aaujrogames.org by July 11, 2008.

More Info: A Full Power World meet is also being held July 26-27. Visit www.aaujrogames.org for more information.

What are the AAU Junior Olympic Games?

Don't miss out on the largest, multi-sport youth event in the country. Over 16,000 participants will compete in 22 sports in Detroit, Michigan from July 23-August 2, 2008.